

hospital bag checklist

- AS A SECOND TIME MOM -



- driver's license
- insurance card
- birthing gown/labor outfit
- dark colored pajamas
- socks/slippers
- robe or cozy sweater
- leggings + loose tops
- going home outfit
- long iPhone cord
- shower shoes + towel
- extra hair ties
- makeup + toiletries
- 1-2 nursing tanks/bras
- comfy underwear
- nipple cream
- chapstick



- car seat (installed)
- portable sound machine
- swaddle(s) for pictures
- outfit(s) for pictures
- going home outfit
 - *pack multiple sizes
- for announcement pics
 - (nametag, sign, special outfit, letterboard, etc)
- book for staff to sign
- nightlight
- mittens/hats/headbands
- socks or booties



- comfy clothes
- towel + toiletries
- camera + charger
- mini tripod
- long iPhone cord
- portable speaker
- snacks
- going home outfit
- laptop/iPad + charger
- blankets for sleeping
- extra pillows
- push present
- note/gift for baby
- book(s)
- treat basket for nurses
- a positive attitude ;)
- *added by my husband